

What Primera Wellness Functional Medicine Can do for Your Company...



Commit to Working with Me and I Will...

- Boost energy levels.
- Enhance mental focus & clarity
- Help you lose weight
- Balance hormones.
- Resolve digestive and gut issues.
- Improve health related concerns where modern medicine hasn't.

I Will Answer These Questions...

- What and why is this happening?
- What is the root cause?
- What changes need to be made to insure?

My Credentials are...

- Masters of Science in Human Nutrition from the University of Bridgeport
- Certified Clinical Nutritionist from International & America Associations of Clinical Nutrition
- Functional Medicine Certified through the Functional Medicine Academy



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